

Sample Menu

Breakfast

Strawberries

Eggs

Biscuits

Sausage

Plant based options (tofu or tempeh offered most meals)

Add your own toppings to

Yogurt

Oatmeal

Pancakes

Eggs

Sausage

Milk, soy milk, almond milk, juice

Lunch

Salad*

Chicken tenders

Baked Potato with your choice of toppings

Sandwiches~

Turkey, Ham, PBJ, Grilled Cheese,

Chicken salad, Tuna Salad

Hamburgers

Hot Dogs-all beef

Baked Beans

Pasta salad or tater tots

Dinner

Spaghetti (with or without meat)

Garlic Bread

Taco Tuesday

BBQ

Green Beans

Mac & Cheese

Chicken and Waffles

Offered daily:

*Salad (spinach, romaine, mixed greens), cucumbers, carrots, celery, peppers, cheese, olives, radishes, beets, hummus, beans (garbanzo, kidney or black). Dressings: Ranch, Honey Mustard, Italian